

BEWARE OF LIGHTNING!

The following information can save your life...

WHAT TO DO BEFORE AND DURING A STORM?

If you can hear thunder or see lightning
YOU ARE IN DANGER!

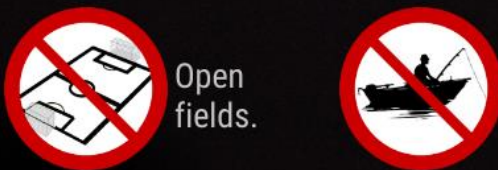
NEVER TAKE SHELTER UNDER A TREE!



AVOID THIS:

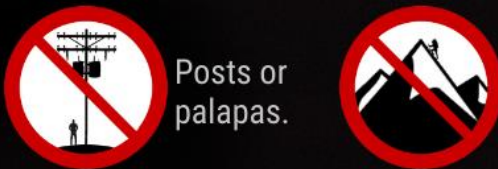


Running, riding a bike, a bicycle or a horse.



Open fields.

Water related activities.



Posts or palapas.

Elevated locations.

*If in a group, spread out.

Stop any outdoor activities and **LOOK FOR SHELTER IMMEDIATELY** inside a house, car or building.



!Don't forget to keep animals safe too!



*Keep them away from metal fences and trees.

If you are exposed outdoors with no safe shelter nearby, adopt the **SAFETY POSITION**.



What to do if someone gets struck by lightning?

Ask for help and call an ambulance.



Look for vital signs and **APPLY CPR** to the victim.



AT HOME, THERE IS STILL DANGER!

- Stay inside.
- Avoid plumbing.
- Avoid corded phones.
- Disconnect electrical equipment.
- Close the windows.